

Coronavirus Disease 2019 Outbreak

COVID-19

ROGER SALMO



REALITY VS MEDIA



The information I am about to give is to establish calming **reassurance**



My information comes from:

REMs

CDC

Not from the media



Soboba council, TERC, and Soboba Fire Department are being **proactive**, rather than reactive

WHAT IS CORONAVIRUS?

- CORONAVIRUS, AKA COVID-19 OR SARS-CoV-2, BELONGS TO A FAMILY OF VIRUSES THAT HAS BEEN AROUND SINCE THE 1970's, BUT THIS IS NOT THE STRAIN YOUR MOM AND DAD DEALT WITH
- CORONAVIRUS IS TYPICALLY THE CAUSE OF THE COMMON COLD, ACCOUNTING FOR 20% OF CASES THE COLDS
 - HOWEVER, THIS YEAR IT HAS UNDERGONE A MUTATION, MAKING IT MORE SEVERE AS IT AFFECTS THE LOWER AIRWAYS, LEADING TO PNEUMONIA IN HIGH RISK PATIENTS



Person-to-person contact (within 6 feet)



Via respiratory droplets and contact with eyes, nose, and mouth



Contrary to media resources, we do not have information regarding how long the viruses stays alive on objects



Cannot be spread via animals

HOW IS IT SPREAD?

WHO IS MOST AT RISK?



Elderly



Those with preexisting medical conditions (heart disease, lung disease, diabetes, etc)



Those who are immunocompromised

PERSONS UNDER INVESTIGATION (PUI)

Persons Under Investigation will be evaluated and tested if they meet the following criteria:

Displays signs and symptoms

Onset within 14 days of
close contact
confirmed individual

[CDC PUI case report form](#)

SIGNS AND SYMPTOMS



The following symptoms may appear **2-14 days after exposure.***



Fever



Cough



Shortness of breath



DIFFICULTY BREATHING
OR SHORTNESS OF
BREATH



PERSISTENT PAIN OR
PRESSURE IN THE
CHEST



NEW CONFUSION OR
INABILITY TO AROUSE



BLUISH LIPS OR FACE

EMERGENCY WARNING SIGNS

PREVENTION



Clean your hands often with soap and water

Hand sanitizer with at least 60% can also be used



Avoid close contact



Stay home if you're sick



Cover coughs and sneezes



Wear a facemask if you are sick



Clean and disinfect surfaces

WHAT TO DO IF YOU'RE SICK



Limit contact with others



Stay home



Seek medical
attention if your
symptoms worsen

Before seeking care, call your
medical provider

Wear a facemask

Call 911 if you have a
medical emergency



For more information, refer to this [handout](#)
from RUHS

WHERE DO WE STAND?

[RUHS PUBLIC HEALTH WEBSITE](#)

[WHO WEBSITE](#)